Mountain Regional Services, Inc.

"Assisting Each Person Served In Achieving The Highest Quality Of Life!"

2023 TRENDS

INTRODUCTION:

MRSI utilizes multiple sources of data in ensuring the reliability, validity, completeness and accuracy of outcomes. Sources include standard financial operating procedures, reviews and actions taken through various committees such as Accessibility, Safety, Human Resources and Strategic Planning. Additionally, policies and procedures addressing risk management, health and safety, technology, field trends and service delivery are reviewed at least annually and adjusted as appropriate.

Mountain Regional Services, Inc.'s enhanced data collection and participant input employs the National Core Indicators Survey questions as a template. Having established NCI as the structural base for measuring performance, satisfaction and trends evaluation, MRSI continues to incorporate the same process, thus addressing the needs of persons served, stakeholders and business needs of the organization and allowing for comparative analysis. MRSI summarizes characteristics of persons served, service delivery and business function performance through various methods, including the Organizational Performance Measurement and Management Outcomes Report, Trends Report and Annual Report.

MRSI utilizes THERAP documentation for identifying demographic trends, evaluating behavioral incidents, community integration and objective success. Adjustments continue to be made to THERAP modules and staff training is ongoing to meet accuracy, reliability and consistency expectations. THERAP is the primary source of data collection.

SPECIAL NOTE:

Wyoming did not participate in the 2021-2022 In-Person Survey data collection period. Therefore, the trends data only reflects the National NCI information.

DEMOGRAPHICS:

During the 2023 calendar year, MRSI provided habilitation services funded through the Home and Community-Based Services Waiver (HCBS) to 26 participants. Approximately 44 employees delivered services as Direct Support Professionals.

Review of demographic information obtained through current Inventory of Client and Agency Planning (ICAP) reports show that a slight majority of persons served were males (62%). Ages of participants ranged between 33 and 76, with an average age of 53. Racial and ethnic backgrounds and cultures were supported for Native American (8%), Hispanic (8%), and African American (8%) participants. Most participants (92%) were assisted by a guardian with 58% of the guardians being family members. All participants were unmarried.

Refer to Tables 1-6

DIAGNOSIS:

All MRSI participants met admissions eligibility related to an ID/DD diagnosis (100%). MRSI accommodated individuals diagnosed at all levels of ID/DD with 50% of participants in the mild range, 27% moderate, 15% profound, and 8% were reported as unspecified. Additionally, MRSI provided services to five people with an autism spectrum diagnosis. Some participants (15%) faced additional hurdles as they were affected with a seizure disorder. All persons served in 2023 (100%) had a co-occurring psychiatric, mood, anxiety, psychotic or other mental illness. Behavioral challenges were experienced by 46% of MRSI participants with seven individuals having support through a behavior plan.

Refer to Tables 7-11

HEALTH AND MEDICATIONS

Comparable to national trends, MRSI participants received regular medical care. Results of the 2023 file review indicated that all participants had a primary care physician and 100% had completed a physical in the last year. Health concerns identified included symptoms of cognitive decline such as Alzheimer's disease/dementia (8%), high cholesterol (36%), high blood pressure (28%) and diabetes (20%). A significant concern noted from health monitoring is the high rate of individuals overweight (32% overweight, 36% obese). Use of tobacco products is higher at MRSI (36%) compared to the national use of 7%.

Refer to Tables 12-16

As mentioned in the diagnostic section above, dual diagnosis and behavioral challenges were experienced by all of MRSI participants, with 96% taking at least one medication for mood, anxiety, psychotic disorders with 38% taking at least one medication for behavioral challenges.

Refer to Tables 18-20

RIGHTS, ADVOCACY AND CHOICE:

MRSI remains dedicated to ensuring that the rights and choices of persons served are respected and

practiced. During the 2023 calendar year, MRSI continued efforts of educating persons served and staff regarding rights and choice based on best practices and the Home and Community-Based Setting Transition requirements developed to meet the Centers for Medicare and Medicaid ruling. MRSI achieved full compliance with the CMS ruling in October 2018.

MRSI evaluated and modified training practices with the goal of increasing the understanding of rights, advocacy, and choice. MRSI asked participants to share their views/perceptions and understanding of their ability to practice rights, advocacy, and choice. Of the people who responded in 2023, 77% felt that they had attended or were offered the opportunity to participate in self-advocacy events. Sixty-four percent of respondents felt they had the opportunity to vote in the last election.

Refer Tables 21 and 22

Understanding of the option to request or change case managers (95%) increased from 2022 (83%).

Respondents understood they had accessibility to phones and internet (82%) and did not have restrictions in using them. Understanding of rights/choice in regards to money (100%) and planning daily schedules (95%) remain higher than the national trends.

MRSI added a component to the 2018 data collection to include rights and choice perceptions of the staff working with participants. The same questions asked of participants were asked of staff. Staff (98%) understood that participants could request a change of case managers compared to 95% of the participants. Staff also indicated understanding rights to phones and internet (91%), money (99%) and developing schedules (92%).

During 2023, participants worked on 98 objectives with a 78% completion or maintenance rate. Review of choice in regard to success/maintenance of goals that the participants expressed a desire to master showed an increase in improvement from 68% in 2022 to 78% in 2023.

Tables 23-27

COMMUNITY EMPLOYMENT:

Of the 26 people served by MRSI through the Waiver, 23% (6 participants) held competitive jobs in the community. People worked an average of eight hours bi-weekly which is a slight increase from 7.33 bi-weekly hours reported in 2022. The average wage for participants in 2023 of $9.32 per hour is an increase from 2022 ($8.78), however, is still lower than the national trend ($10.07). Of the four most common job types, the majority of jobs (86%) were in the 'other' category (shredding) with the remaining 14% being in retail.

Tables 28-32

COMMUNITY INTEGRATION AND ACCESS:

During 2023, 100% of waiver supported recipients were enrolled in Community Integration Services with 57% indicating that they had choice and input in determining his/her day services. A new question was asked in 2023 regarding the participants getting help to learn new things to which 95% responded favorably. MRSI participants felt that they were able to go out and do the things they liked to do (90%) with 86% stating they did get to go as often as they wanted. One-hundred percent indicated they had a way to get to places they needed to go. MRSI documentation shows that on average, persons served experienced 378 trips into the community during 2023. During 2023, staff received multiple trainings regarding complete and accurate documentation which may be a factor in the increase from 2022 (339).

Again, MRSI staff was asked the same questions with regard to day services. Staff (96%) thought that participants had a choice in his/her day program. Ninety-eight percent of staff felt the participants received help in learning new things and 92% felt that participants were able to do the things they liked doing in the community. Staff (79%) reported participants are able to go out into the community as often as they wanted, and had a means of getting places they needed/wanted to go (99%).

Tables 33-39

RELATIONSHIPS AND WORKFORCE:

In addition to the perceptions of activities and outings, MRSI was interested in whether participants felt satisfied and supported with his/her social lives. Both participants (95%) and staff (96%) respondents indicated participants had friends other than staff or family. Participants felt they could see their friends or family when they wanted (90%) followed by 87% of staff. Staff (98%) responded positively at a higher rate than participants (71%) when asked if the participants had a way of communicating with family and friends when they could not see them. Over half (53%) of participant respondents indicated feeling lonely with 52% indicating they would like more help in making and keeping contact with friends.

When questioned regarding respect, 100% of participant respondents indicated employees were respectful. Staff responded with 97% feeling that employees are respectful to participants. A new question added for 2023 asked if staff have the right training to meet person's needs. Both participant and staff responded with a 95% compared to the national trend of 90%.

Tables 40-46

COMMUNITY HOUSING/SUPPORTED LIVING:

MRSI provided Community Housing Services (including Supported Living) to 25 people in 2023. The majority of participants (96%) lived in MRSI owned or operated homes with one participant living in his own apartment.

Seventy-one percent of participant respondents and 94% of staff felt participants chose or had input in

choosing where they lived. When asked about choice in roommates, 45% of participants and 85% of staff felt they had input in choosing roommates. The positive response to this question increased for both participants and staff compared to 2022.

Eighty-one percent of participants indicated they liked their home. A new question was added to determine if participants were involved in making changes to the decorations in the commons area to make their community living site more homey and comfortable. Seventy-three percent of participants and 96% of staff responded favorably to the question. All participants, (100%) stated they had keys to their bedrooms and 92% reported holding keys for the community living site. Respondents expressed that individuals knocked before coming in the home (86%) or their bedroom (100%). Eighty-one percent responded there were rules to having friends in their home. Participants expressed they had a place to be alone with friends and family (76%). Participant responses indicated they felt they had enough things they liked to do at home (81%).

Tables 47-59

BEHAVIORAL TRENDS:

MRSI remains dedicated to assisting participants manage crisis situations through non-restrictive and non-physical interventions. Data collection and trends indicate significant progress towards this goal, as well as increases in participant self-management continuing to improve.

For example, in 2014, MRSI staff documented 10,931 incidents in regards to targeted behavioral concerns. In 2023, staff documented 721 targeted behavior reports resulting in a 93% decrease from the 2014 baseline year and a 54% decrease from 2022. In years past, nearly every participant had a behavior plan in place compared to the previously mentioned seven who have those supports in 2023.

MRSI files critical incident reports with the Home and Community-Based Services Section as well as other stakeholders as required. In 2023, data provided by HCBS Section and compared to MRSI documentation indicated that MRSI filed 200 critical reports. Of the 200 critical incident reports, 108 were related to medication errors and 33 for police involvement. Forty-nine reports were documented in regards to medical admissions.

During 2023 MRSI had zero rights restrictions compared to 15 (possessions) in 2020 and a significant decrease from the 2014 baseline year of 322. The number of physical interventions utilized also decreased from 453 in 2014 to two in 2023.

Tables 60-63

SATISFACTION:

MRSI modified satisfaction input in 2018 with a goal of collecting more meaningful data. While continuing to utilize the previous five rating Likert Scale for satisfaction, MRSI also incorporated questions from the NCI survey to ascertain satisfaction and identify possible areas for growth and

service improvements. Surveys were provided to participants throughout the year with guardians participating in an annual survey.

Respondents were asked to rate service areas they participated in on a 1-5 scale, with five indicating very satisfied. Community Integration/Adult Day Services had an overall score of 4.47, Community Housing Services a 4.36, Community Employment a 4.88, and Supported Living with a perfect satisfaction rating of 5. Satisfaction decreased slightly in COI/ADS, CHS and CES; and remained the same for SL compared to the 2022 outcomes.

Questions regarding choice and input of participants were rated at high levels also, at 93% for Community Integration/Adult Day Services and 79% relating to choice for Community Housing Services (including Supported Living). Community Employment services received a rating of 100% in all categories.

MRSI was concerned with perceptions of participants and guardians as to whether they felt services enhanced the participants' lives and again, the response was overwhelmingly yes, with a positive response of 92% for Community Integration/Adult Day Services, 92% Community Housing Services (including Supported Living) and 100% Community Employment.

Tables 64-69

PLAN OF ACTION:

The 2023 trend information is provided to management and made available to participants, guardians, support staff and stakeholders via the MRSI website or hard copy if requested. It is used in the ongoing review and adjustments to the MRSI Strategic Plan, Accessibility Plan as well as Performance Measurement and Management Plans. Actions proposed from this report will be indicated in the above mentioned plans as appropriate.

2023 TRENDS DATA

DEMOGRAPHICS

Table 1: Number of Persons Served by Year

	MRSI							
	2019		2020		2021	2022	2023	
	Cheyenne	Evanston	Cheyenne	Evanston	Evanston	Evanston	Evanston	
	43	26	39	22	36	33	26	
Total	69		61					

Table 2: Gender

	2021-2022 NCI		MRSI									
	National N=13,484	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
Male	60%		41	59%	39	64%	21	58%	19	58%	16	62%
Female	40%		28	41%	22	36%	15	42%	14	42%	10	38%

Table 3: Age Groups of Persons Served

	2021-2022 NCI		MRSI									
	National N=13,559	Wyoming	2019 N= 69		2020 N=61		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
18-22	8%		1	1%	1	2%	0	0%	1	3%	0	0%
23-34	33%		18	26%	15	25%	6	17%	6	18%	2	8%
35-54	33%		29	42%	27	44%	18	50%	15	46%	14	53%
55-74	23%		18	26%	17	28%	11	30%	9	27%	9	35%
75 & older	3%		3	4%	1	2%	1	3%	2	6%	1	4%
Unknown	1%		0	0%	0	0%	0	0%	0	0%	0	0%

Table 4: Race and Ethnicity

	2021-2022 NCI National N=13,337	Wyoming	MRSI 2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
American Indian or Alaska Native	1%		2	3%	3	5%	2	6%	2	6%	2	8%
Asian	2%		1	1%	1	2%	0	0%	0	0%	0	0%
Black or African American	16%		2	3%	2	3%	2	6%	2	6%	2	8%
Pacific Islander	0%		0	0%	0	0	0	0%	0	0%	0	0%
White	71%		53	78%	48	79%	29	80%	27	82%	20	76%
Hispanic or Latino	5%		4	5%	5	8%	3	8%	2	6%	2	8%
Other/ Unknown	5%		7	10%	2	3%	0	0%	0	0%	0	0%

Table 5: Guardianship Status

	2021-2022 NCI National N=13,420	Wyoming	MRSI 2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
Has Guardian	52%		58	84%	55	90%	33	92%	31	94%	24	92%

Table 6: Guardian's Relationship to Person

	2021-2022 NCI National N=6,772	Wyoming	MRSI 2019 N=58		2020 N=55		2021 N=33		2022 N=31		2023 N=24	
			#	%	#	%	#	%	#	%	#	%
Family	74%		45	78%	39	71%	21	64%	20	65%	14	58%
Friend	2%		9	16%	12	22%	8	24%	7	23%	6	25%
Guardianship Agency	13%		4	6%	4	7%	4	12%	4	12%	4	17%

DIAGNOSIS

Table 7: Person Has an ID Diagnosis

2021-2022 NCI		MRSI									
National N=13,392	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=26	
		#	%	#	%	#	%	#	%	#	%
87%		65	94%	57	93%	35	97%	32	97%	26	100%

Table 8: Level of ID (of Those with ID Diagnosis)

	2021-2022 NCI		MRSI									
	National N=11,965	Wyoming	2019 N= 65		2020 N=58		2021 N=35		2022 N=32		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
Mild	38%		37	57%	33	58%	17	49%	17	54%	13	50%
Moderate	29%		22	34%	18	32%	13	37%	10	31%	7	27%
Severe	12%		2	3%	3	5%	0	0%	0	0%	0	0%
Profound	7%		0	0%	0	0%	3	8%	3	9%	4	15%
Unspecified	12%		2	3%	3	5%	2	6%	2	6%	2	8%

Table 9: Other Diagnosis (2021 - Includes data from all sources: ICAP, Evaluation, and MAR) Categories are not mutually exclusive, therefore N is not shown.

	2021-2022 NCI		MRSI									
	National	Wyoming	2019 N=69		2020 N=60		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
Autism Spectrum DO	26%		11	16%	9	15%	7	19%	7	21%	5	19%
Cerebral Palsy	15%		2	3%	1	2%	2	6%	2	6%	2	8%
Seizure Disorder	24%		10	14%	10	17%	7	19%	7	21%	4	15%
Chemical Dependency	1%		3	4%	4	7%	8	22%	7	21%	7	27%
Fetal Alcohol Syndrome	1%		3	4%	3	5%	2	6%	2	6%	2	8%

	2021-2022 NCI										
Limited Vision	9%		4	6%	2	3%	4	11%	4	12%	4	15%
Severe or Profound Hearing Loss	5%		4	6%	2	3%	3	8%	2	6%	3	12%

Table 10: Psychiatric Diagnoses: Mood, Anxiety, Behavior, Psycholtic, and Other Mental Illness (Beginning in 2021 - Includes data from all sources: ICAP, Evaluation, and MAR) Categories are not mutually exclusive, therefore N in not shown.

	2021-2022 NCI		MRSI									
	National	Wyoming	2019 N=69		2020 N=60		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
Mood Disorder	31%		29	45%	25	42%	20	56%	20	61%	14	54%
Anxiety Disorder	27%		15	23%	14	23%	18	50%	18	55%	14	54%
Behavior Challenges	22%		34	52%	40	67%	7	19%	18	55%	12	46%
Psychotic Disorder	10%		12	18%	8	13%	15	42%	15	45%	12	46%
Other Mental Illness or Psychiatric Diagnosis	19%		23	35%	24	40%	17	47%	18	55%	17	65%

Table 11: Has a Behavior Plan

	2021-2022 NCI		MRSI									
	National N=13,559	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=25	
			#	%	#	%	#	%	#	%	#	%
Yes	25%		35	51%	36	59%	18	50%	14	42%	7	28%

HEALTH AND MEDICATIONS

Table 12: Has Primary Care Doctor or Practioner

	2021-2022 NCI		MRSI									
	National N=13,559	Wyoming	2019 N=69		2020 N=59		2021 N=35		2022 N=33		2023 N=24	
			#	%	#	%	#	%	#	%	#	%
Yes	90%		69	100%	59	100%	35	100%	33	100%	24	100%

Table 13: Had a Complete Physical Exam in the Past Year

	2021-2022 NCI		MRSI				
	National N=13,559	Wyoming	2019 N=69	2020 N=59	2021 N=35	2022 N=33	2023 N=24
Yes	74%		81%	98%	100%	88%	100%

Table 14: Health Conditions: Categories are not mutually exclusive, therefore N is not shown.

	2021-2022 NCI		MRSI									
	National	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=25	
			#	%	#	%	#	%	#	%	#	%
Alzheimers Disease or Other Dementia	3%		8	12%	9	15%	4	11%	2	6%	2	8%
Pressure Ulcers	1%		0	0%	2	3%	2	6%	4	12%	3	12%
Dysphagia	8%		2	3%	2	3%	0	0%	0	0%	0	0%
High Cholesterol	24%		9	13%	10	16%	3	8%	10	30%	9	36%
High Blood Pressure	29%		7	10%	14	23%	7	19%	14	42%	7	28%
Cancer	3%		2	3%	3	5%	1	3%	0	0%	2	8%
Diabetes	17%		10	14%	12	20%	7	19%	4	12%	5	20%
Cardiovascular Disease	10%		3	4%	3	5%	1	3%	1	3%	2	8%

Table 15: BMI Category

	2021-2022 NCI		MRSI									
	National N=10,701	Wyoming	2019 N=60		2020 N=60		2021 N=36		2022 N=33		2023 N=25	
			#	%	#	%	#	%	#	%	#	%
Underweight	5%		2	3%	2	3%	2	6%	0	0%	0	0%
Healthy	30%		35	58%	30	50%	17	47%	10	31%	8	32%
Overweight	28%		16	27%	21	35%	15	41%	12	36%	8	32%
Obese	37%		7	12%	7	12%	2	6%	11	33%	9	36%

Table 16: Uses Nicotine or Tobacco Product

	2021-2022 NCI		MRSI									
	National N=12,664	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=25	
			#	%	#	%	#	%	#	%	#	%
Yes	7%		14	20%	17	28%	9	25%	10	30%	9	36%

Table 17: Takes at Least One Medication for Mood, Anxiety, Psychotic Disorder, and/or Behavioral Challenges

	2021-2022 NCI											
	National N=13,559	Wyoming	2019 N=69		2020 N=61		2021 N=35		2022 N=33		2023 N=24	
			#	%	#	%	#	%	#	%	#	%
Yes	46%		49	71%	51	84%	32	91%	32	97%	23	96%

Table 18: Number of Medications Taken for Mood, Anxiety and/or Psychotic Disorder (If Taking at Least One)

	2021-2022 NCI		MRSI									
	National N=5,996	Wyoming	2019 N=69		2020 N=61		2021 N=35		2022 N=32		2023 N=23	
			#	%	#	%	#	%	#	%	#	%
1-2 Medications	66%		40	58%	25	41%	13	37%	11	34%	4	17%
3-4 Medications	27%		7	10%	19	31%	16	46%	8	25%	10	44%
5-10 Medications	7%		2	3%	6	10%	3	9%	13	41%	9	39%
11 or More Medications	0%		0	0%	0	0%	0	0%	0	0%	0	0%

Table 19: Takes at Least One Medication for Behavioral Challenges

	2021-2022 NCI		MRSI									
	National N=13,559	Wyoming	2019 N=69		2020 N=61		2021 N=35		2022 N=33		2023 N=24	
			#	%	#	%	#	%	#	%	#	%
Yes	63%		43	62%	28	46%	20	57%	18	55%	9	38%

Table 20: Number of Medications Taken for Behavioral Challenges (If Taking at Least One)

	2021-2022 NCI		MRSI									
	National N=2,958	Wyoming	2019 N=43		2020 N=28		2021 N=20		2022 N=18		2023 N=9	
			#	%	#	%	#	%	#	%	#	%
1-2 Medications	77%		11	26%	24	86%	20	100%	18	100%	8	89%
3-4 Medications	19%		18	42%	4	14%	0	0%	0	0%	1	11%
5-10 Medications	4%		14	32%	0	0%	0	0%	0	0%	0	0%
11 or More Medications	0%		0	0%	0	0%	0	0%	0	0%	0	0%

RIGHTS, ADVOCACY AND CHOICE

Findings in Tables 21-28 are Based on Positive Responses

Non Verbal participants or those unable to give proper answers were not taken into account.

Table 21: Positive Response to: Attended a Self Advocacy Meeting, Group, or Had the Opportunity But Choose Not to

	2021-2022 NCI		MRSI									
	National N=12,078	Wyoming	2019 N=42		2020 N=53		2021 N=60		2022 N=17		2023 N=22	
			#	%	#	%	#	%	#	%	#	%
Yes	34%		31	74%	42	79%	38	63%	16	94%	17	77%
			Employee									
			2019 N= 71		2020 N=113		2021 N=90		2022 N=51		2023 N= 56	
			#	%	#	%	#	%	#	%	#	%
Yes			48	77%	65	58%	75	83%	49	96%	56	100%

Table 22: Has Voted in a Federal, State, or Local Election or Had the Opportunity But Chose Not To

	2021-2022 NCI		MRSI									
	National N=12,551	Wyoming	2019 N=43		2020 N=55		2021 N=60		2022 N=18		2023 N=22	
			#	%	#	%	#	%	#	%	#	%
Yes	54%		30	70%	41	75%	45	75%	18	100%	14	64%
			Employee									
			2019 N=73		2020 N=113		2021 N=90		2022 N=53		2023 N=55	
			#	%	#	%	#	%	#	%	#	%
Yes			52	71%	78	69%	76	84%	52	98%	54	98%

Table 23: Chose or Can request to Change Case Manager/Service Coordinator

	2021-2022 NCI		MRSI									
	National N=12,049	Wyoming	2019 N=41		2020 N=53		2021 N=59		2022 N=18		2023 N= 21	
			#	%	#	%	#	%	#	%	#	%
Yes	74%		33	80%	45	85%	51	86%	15	83%	20	95%
			Employee									
			2019 N=72		2020 N=113		2021 N=90		2022 N=53		2023 N=53	
			#	%	#	%	#	%	#	%	#	%
Yes			54	75%	79	70%	64	71%	49	92%	52	98%

Table 24: Can Use Phone and Internet Whenever Wants   (Question changed to: "Can use phone and internet without rules or restrictions" which directly measures value statement and intent of indicator that rights are respected. This survey question will be updated in all 2024 surveys.)

	2021-2022 NCI		MRSI									
	National N=7,390	Wyoming	2019 N=39		2020 N=51		2021 N=59		2022 N=18		2023 N= 22	
			#	%	#	%	#	%	#	%	#	%
Yes	82%		31	82%	45	88%	54	92%	16	89%	18	82%
			Employee									
			2019 N=68		2020 N=113		2021 N=90		2022 N=44		2023 N=53	
			#	%	#	%	#	%	#	%	#	%
Yes			46	68%	77	68%	64	71%	37	84%	48	91%

Table 25: Chooses or Has Input in Choosing How to Spend Money

	2021-2022 NCI		MRSI									
	National N=12,718	Wyoming	2019 N=40		2020 N=54		2021 N=62		2022 N=18		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	90%		40	100%	53	98%	62	100%	18	100%	21	100%
			Employee									
			2019 N=72		2020 N=113		2021 N=90		2022 N=60		2023 N=80	
			#	%	#	%	#	%	#	%	#	%
Yes			64	89%	102	90%	88	98%	58	97%	79	99%

Table 26: Decides or Has Input in Deciding Daily Schedule

	2021-2022 NCI		MRSI									
	National N=13,099	Wyoming	2019 N=40		2020 N=53		2021 N=62		2022 N=18		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	88%		36	90%	51	96%	62	100%	16	89%	20	95%
			Employee									
			2019 N=73		2020 N=113		2021 N=90		2022 N=57		2023 N=61	
			#	%	#	%	#	%	#	%	#	%
Yes			64	88%	95	84%	81	90%	56	98%	56	92%

Table 27: Objective Progress

	2019 N=172		2020 N=155		2021 N=146		2022 N=124		2023 N=98	
	#	%	#	%	#	%	#	%	#	%
% of improvement or maintenance	156	91%	114	74%	122	84%	84	68%	76	78%

COMMUNITY EMPLOYMENT

Table 28: Has a paid Community Job

	2021-2022 NCI		MRSI									
	National N=11,888	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=26	
			#	%	#	%	#	%	#	%	#	%
Yes	16%		17	25%	21	34%	13	36%	12	36%	6	23%

Table 29: Average Bi-weekly Hours Worked

2021-2022 NCI		MRSI				
National Average	Wyoming Average	2019 N=15	2020 N=13	2021 N=13	2022 N=12	2023 N=7
30.0		21.1	12.38	10.62	7.33	8.02

Table 30: Average Hourly Wage

2021-2022 NCI		MRSI				
National	Wyoming	2019 N=15	2020 N=13	2021 N=13	2022 N=12	2023 N=7
10.07		8.99	8.88	9.02	8.78	9.32

Table 31: Four Most Common Job Types

	2021-2022 NCI		MRSI									
			2019 N=17		2020 N=21		2021 N=13		2022 N=12		2023 N= 7	
	National N=1,893	Wyoming	#	%	#	%	#	%	#	%	#	%
Food Preparation and Service	27%		6	35%	5	23%	2	15%	0	0%	0	0%
Cleaning	18%		3	18%	2	10%	2	15%	2	17%	0	0%
Retail	24%		1	6%	4	19%	5	39%	4	33%	1	14%
Asembly, Manufacturing or Packaging	6%		2	12%	2	10%	0	0%	0	0%	0	0%
Other	23%		7	41%	8	38%	4	31%	6	50%	6	86%

Table 32: Chose or Had Input in Choosing Paid Community Job

	2021-2022 NCI		MRSI									
	National N=1,794	Wyoming	2019 N=15		2020 N=21		2021 N=13		2022 N=18		2023 N=7	
			#	%	#	%	#	%	#	%	#	%
Yes	90%		15	100%	21	100%	13	100%	14	78%	7	100%

COMMUNITY INTEGRATION AND ACCESS

Table 33: Attends a Day Program or Workshops

	MRSI									
	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=21	
	#	%	#	%	#	%	#	%	#	%
Yes	60	87%	58	95%	35	97%	32	97%	21	100%

Table 34: Chose or Had Input in Choosing Day Program or Workshop

	2021-2022 NCI		MRSI									
	National N=4,752	Wyoming	2019 N=41		2020 N=53		2021 N=61		2022 N=18		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	64%		28	68%	50	94%	51	84%	16	89%	12	57%
			Employee									
			2019 N=74		2020 N=113		2021 N=89		2022 N=55		2023 N=57	
			#	%	#	%	#	%	#	%	#	%
Yes			58	78%	86	76%	72	81%	54	98%	55	96%

Table 35: Gets help to learn new things - NEW

	2021-2022 NCI		MRSI	
	National N=7,771	Wyoming	2023 N=21	
			#	%
Yes	80%		20	95%
			Employee	
			2023 N=62	
			#	%
Yes			61	98%

Table 36: Able to Go Out and Do the Things S/He Likes to Do in the Community

	2021-2022 NCI National N=7,939	Wyoming	MRSI									
			2019 N=40		2020 N=52		2021 N=59		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	78%		35	88%	38	73%	59	100%	15	88%	19	90%
			Employee									
			2019 N=73		2020 N=113		2021 N=90		2022 N=58		2023 N=61	
			#	%	#	%	#	%	#	%	#	%
Yes			60	82%	87	77%	83	92%	56	97%	56	92%

Table 37: Able to Go Out and Do the Things S/He Likes to Do in the Community as Often as S/He Wants

	2021-2022 NCI National N=7,771	Wyoming	MRSI									
			2019 N=40		2020 N=52		2021 N=57		2022 N=18		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	69%		31	78%	28	54%	49	86%	17	94%	18	86%
			Employee									
			2019 N=73		2020 N=113		2021 N=90		2022 N=50		2023 N=53	
			#	%	#	%	#	%	#	%	#	%
Yes			48	66%	53	47%	41	46%	29	58%	42	79%

Table 38: Has a Way to Get Places Needs (doctor, shopping, etc.) / Wants (to see friends, entertainment, etc.) to Go

	2021-2022 NCI National N=7,994	Wyoming	MRSI									
			2019 N=41		2020 N=53		2021 N=59		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	93%		39	95%	53	100%	58	98%	17	100%	21	100%
			Employee									
			2019 N=73		2020 N=113		2021 N=90		2022 N=59		2023 N=77	
			#	%	#	%	#	%	#	%	#	%
Yes			65	89%	105	93%	84	93%	59	100%	76	99%

Table 39: Average Trips into the Community per Person

	2019	2020	2021	2022	2023
Trips into Community	13,465	11,980	6,955	9,970	8,955
Ave per person	204	196	208	339	378

RELATIONSHIPS AND WORKFORCE

Table 40: Has Friends Other Than Employee and Family

	2021-2022 NCI National N=8,134	Wyoming	MRSI									
			2019 N=41		2020 N=53		2021 N=59		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	78%		35	85%	47	89%	55	93%	17	100%	20	95%
			Employee									
			2019 N=73		2020 N=113		2021 N=90		2022 N=59		2023 N=49	
			#	%	#	%	#	%	#	%	#	%
Yes			68	93%	98	87%	83	92%	59	100%	47	96%

Table 41: Has Friends (Who May be Employee or Family) and Can See Friends When S/He Wants

	2021-2022 NCI National N=7,007	Wyoming	MRSI									
			2019 N=41		2020 N=53		2021 N=59		2022 N=16		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	68%		35	85%	36	68%	38	64%	16	100%	19	90%
			Employee									
			2019 N=74		2020 N=113		2021 N=90		2022 N=47		2023 N=47	
			#	%	#	%	#	%	#	%	#	%
Yes			55	74%	65	58%	57	63%	40	85%	41	87%

Table 42: Has Other Ways of Communicating With Friends When S/He Cannot See Them

	2021-2022 NCI		MRSI									
	National N=7,042	Wyoming	2019 N=39		2020 N=53		2021 N=59		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	81%		29	74%	49	92%	46	78%	13	76%	15	71%
			Employee									
			2019 N=71		2020 N=113		2021 N=90		2022 N=57		2023 N=61	
			#	%	#	%	#	%	#	%	#	%
Yes			59	83%	97	86%	87	97%	57	100%	60	98%

Table 43: Often Feels Lonely

	2021-2022 NCI		MRSI									
	National N=7,865	Wyoming	2019 N=38		2020 N=50		2021 N=59		2022 N=16		2023 N=19	
			#	%	#	%	#	%	#	%	#	%
Yes	11%		25	66%	27	54%	33	56%	9	60%	10	53%

Table 44: Wants More Help to Make or Keep in Contact With Friends

	2021-2022 NCI		MRSI									
	National N=7,787	Wyoming	2019 N=40		2020 N=52		2021 N=58		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	56%		21	53%	40	77%	35	60%	11	65%	11	52%

Table 45 : Employee Are Respectful

	2021-2022 NCI		MRSI									
	National N=4.554	Wyoming	2019 N=39		2020 N=53		2021 N=48		2022 N=15		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	92%		36	92%	53	100%	45	94%	14	93%	21	100%
			Employee									
			2019 N= 71		2020 N=113		2021 N=90		2022 N=59		2023 N=60	
			#	%	#	%	#	%	#	%	#	%
Yes			48	68%	99	88%	77	86%	57	97%	58	97%

Table 46:Staff Have the Right Training to Meet Person's Needs - NEW

	2021-2022 NCI		MRSI	
	National N=8,503	Wyoming	2023 N=22	
			#	%
Yes	90%		21	95%
			Employee	
			2023 N=62	
			#	%
Yes			59	95%

COMMUNITY HOUSING/SUPPORTED LIVING

Table 47: Residence is Owned or Controlled by Provider Agency

	2021-2022 NCI		MRSI									
	National N=13,119	Wyoming	2019 N=69		2020 N=61		2021 N=36		2022 N=33		2023 N=25	
			#	%	#	%	#	%	#	%	#	%
Yes	37%		59	86%	51	84%	34	94%	32	97%	24	96%

Table 48: Type of Residence; Other

	2021-2022 NCI		MRSI									
	National N=13,296	Wyoming	2019 N=13		2020 N=10		2021 N=2		2022 N=1		2023 N=1	
			#	%	#	%	#	%	#	%	#	%
Own Apartment/ home	15%		10	77%	8	80%	1	50%	1	100%	1	100%
Parent/ Relative	39%		3	23%	2	20%	1	50%	0	0%	0	0%

Table 49: Chose or Had Input in Choosing Home

	2021-2022 NCI		MRSI									
	National N=7,355	Wyoming	2019 N=50		2020 N=55		2021 N=61		2022 N=18		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	57%		42	84%	48	87%	43	70%	13	72%	15	71%
			Employee									
			2019 N=74		2020 N=113		2021 N=90		2022 N=52		2023 N=54	
			#	%	#	%	#	%	#	%	#	%
Yes			51	69%	82	73%	69	77%	47	90%	51	94%

Table 50: Chose or Had Input in Choosing Roommates

	2021-2022 NCI National N=7,384	Wyoming	MRSI									
			2019 N=41		2020 N=53		2021 N=59		2022 N=17		2023 N=20	
			#	%	#	%	#	%	#	%	#	%
Yes	44%		24	59%	33	62%	10	17%	5	29%	9	45%
			Employee									
			2019 N=74		2020 N=113		2021 N=90		2022 N=47		2023 N=52	
			#	%	#	%	#	%	#	%	#	%
Yes			37	50%	50	44%	44	49%	31	66%	44	85%

Table 51: Likes Home

	2018-2019 NCI National N=8,276	Wyoming	MRSI									
			2019 N=38		2020 N=53		2021 N=59		2022 N=16		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	89%		28	74%	49	92%	49	83%	15	94%	17	81%

Table 52: Made Changes or Had Input Into Commons Area Decorations - NEW

	MRSI	
	2023 N=22	
	#	%
Yes	16	73%
	Employee	
	2023 N=54	
	#	%
Yes	52	96%

Table 53: Can Lock Bedroom

	2021-2022 NCI		MRSI									
	National N=12.158	Wyoming	2019 N=45		2020 N=53		2021 N=57		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	59%		37	82%	48	91%	56	98%	17	100%	21	100%

Table 54: Has a Key to Home

	2021-2022 NCI		MRSI									
	National N=13,084	Wyoming	2019 N=55		2020 N=55		2021 N=59		2022 N=19		2023 N=24	
			#	%	#	%	#	%	#	%	#	%
Yes	51%		26	47%	34	62%	57	97%	18	95%	22	92%

Table 55: Others Let Person Know Before Entering Home

	2021-2022 NCI		MRSI									
	National N=7,899	Wyoming	2019 N=41		2020 N=52		2021 N=58		2022 N=17		2023 N=22	
			#	%	#	%	#	%	#	%	#	%
Yes	88%		33	80%	52	100%	53	91%	14	82%	19	86%

Table 56: Others Let Person Know Before Entering Bedroom

	2021-2022 NCI		MRSI									
	National N=7,936	Wyoming	2019 N=39		2020 N=52		2021 N=56		2022 N=17		2023 N=22	
			#	%	#	%	#	%	#	%	#	%
Yes	82%		35	90%	49	94%	54	91%	16	94%	22	100%

Table 57: There are Rules to Having Friends or Visitors in the Home

	2021-2022 NCI		MRSI									
	National N=7,315	Wyoming	2019 N=42		2020 N=55		2021 N=50		2022 N=13		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	31%		26	62%	49	89%	48	96%	11	85%	17	81%

Table 58: Can Be Alone With Friends and Visitors at Home (No longer part of NCI data collection)

	2021-2022 NCI		MRSI									
	National	Wyoming	2019 N=40		2020 N=52		2021 N=57		2022 N=17		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	N/A		29	73%	43	83%	48	84%	14	82%	16	76%

Table 59: Has Enough Things to do When at Home

	2021-2022 NCI		MRSI									
	National N=7,964	Wyoming	2019 N=40		2020 N=52		2021 N=57		2022 N=16		2023 N=21	
			#	%	#	%	#	%	#	%	#	%
Yes	83%		29	73%	43	83%	48	84%	14	88%	17	81%

BEHAVIORAL TRENDS

Table 60: MRSI Behavioral Reports by Year

	2019	2020	2021	2022	2023
Totals	2658	1713	1544	1339	721

Table 61: Critical Incident Reports

	2019	2020	2021	2022	2023
Medical Admissions	73	48	81	61	49
Medication Errors	106	78	52	72	108
Other	81	1	14	3	10
Police Involvement	34	32	43	56	33
Total	294	159	190	192	200

Table 62: MRSI Restriction of Rights by Year

	2014	2015	2017	2018	2019	2020	2021	2022
Possessions	181	49	61	33	21	15	0	0
Privacy	89	13	0	0	0	0	0	0
Communication	7	1	0	0	0	0	0	0
Community	45	11	0	1	0	0	0	0
Year Totals	322	74	61	34	21	15	0	0

Table 63: MRSI Restraint Incidence by Year/Month

	2019	2020	2021	2022	2023
Totals	18	3	4	2	2

	2019	2020	2021	2022	2023
Jan	5	1	0	0	1
Feb	3	0	0	0	0
Mar	0	1	0	0	0
Apr	0	0	1	0	0
May	2	0	0	0	1
June	1	0	0	0	0
July	2	0	0	1	0
Aug	1	0	0	0	0
Sept	3	0	2	0	0
Oct	0	1	0	0	0
Nov	1	0	1	0	0
Dec	0	0	0	1	0

SATISFACTION

Table 64a

Rating scale=1-5 with 5 being extremely satisfied

Participant and Guardians/Family			
CI/DH	Res	Employment	Supp Living
N=60	N=56	N=17	N=3
4.47	4.36	4.88	5

Table 64b

	Participant and Guardians/Family			
	CI/DH	Res	Employment	Supp Living
2021	4.40	4.43	4.74	5
2022	4.58	4.56	4.94	5
2023	4.47	4.36	4.88	5

Table 65a

Rating scale=1-5 with 5 being extremely satisfied

Guardians/Family			
CI/DH	Res	Employment	Supp Living
N=20	N=17	N=5	N=1
4.60	4.53	5	5

Table 65b

	Guardians/Family			
	CI/DH	Res	Employment	Supp Living
2021	4.83	4.86	4.71	5
2022	4.61	4.68	5	5
2023	4.60	4.53	5	5

Table 66a

Rating scale=1-5 with 5 being extremely satisfied

Participant			
CI/DH	Res	Employment	Supp Living
N=40	N=39	N=12	N=2
4.4	4.28	4.83	5

Table 66b

	Participant			
	CI/DH	Res	Employment	Supp Living
2021	4.23	4.25	4.75	5
2022	4.57	4.5	4.92	5
2023	4.4	4.28	4.83	5

Table 67a: Community Integration/Day Services Percentage of Positive Response - 2023

	Participant			Guardian			Combined		
	No=	Yes=	%	No=	Yes=	%	No=	Yes=	%
Do you feel you/ward are able to go into the community as much as would like?	7	34	83%	2	18	90%	9	52	85%
Do you feel you/ward have choice in the activities you/they go to in the community?	4	37	90%	0	19	100%	4	56	93%
Do you feel you/ward has input in daily schedule?	4	37	90%	1	18	95%	5	55	92%
Do you feel your/wards needs are met?	3	38	93%	0	20	100%	3	58	95%
Do you feel your/wards day services enhance your/their life?	5	36	88%	0	20	100%	5	56	92%

Table 67b: Community Integration/Day Services Percentage of Positive Response by Year

	Participant			Guardian			Combined		
	2021	2022	2023	2021	2022	2023	2021	2022	2023
Do you feel you/ward are able to go into the community as much as would like?	85%	88%	83%	100%	100%	90%	89%	92%	85%
Do you feel you/ward have choice in the activities you/they go to in the community?	91%	93%	90%	96%	100%	100%	92%	95%	93%
Do you feel you/ward has input in daily schedule?	89%	93%	90%	96%	89%	95%	91%	92%	92%
Do you feel your/wards needs are met?	94%	95%	93%	100%	100%	100%	96%	97%	95%
Do you feel your/wards day services enhance your/their life?	85%	85%	88%	96%	95%	100%	88%	89%	92%

Table 68a: Residential Services / Supported Living   **Percentage of Positive Response - 2023**

	Participant			Guardian			Combined		
	No=	Yes=	%	No=	Yes=	%	No=	Yes=	%
Are you/ward comfortable in your/their home?	5	37	88%	1	19	95%	6	56	90%
Do you/ward feel safe in your/their home?	7	34	83%	1	19	95%	8	53	87%
Do you feel you/ward has a choice where you/they live?	12	30	72%	1	18	95%	13	48	79%
Do you feel your/wards needs are met?	5	37	88%	0	20	100%	5	57	92%
Do you feel your/wards residential services enhance your/their life?	5	37	88%	0	20	100%	5	57	92%

Table 68b: Residential Services / Supported Living   **Percentage of Positive Response by Year**

	Participant			Guardian			Combined		
	2021	2022	2023	2021	2022	2023	2021	2022	2023
Are you/ward comfortable in your/their home?	83%	90%	88%	96%	100%	95%	87%	93%	90%
Do you/ward feel safe in your/their home?	80%	90%	83%	100%	95%	95%	86%	91%	87%
Do you feel you/ward has a choice where you/they live?	80%	80%	72%	100%	95%	95%	86%	84%	79%
Do you feel your/wards needs are met?	94%	90%	88%	100%	100%	100%	96%	93%	92%
Do you feel your/wards residential services enhance your/their life?	81%	90%	88%	100%	95%	100%	87%	91%	92%

Table69a: Community Employment **Percentage of Positive Response - 2023**

	Participant			Guardian			Combined		
	No=	Yes=	%	No=	Yes=	%	No=	Yes=	%
Do you feel that time between requests for services and obtaining a job was timely?	1	11	92%	0	6	100%	1	17	94%
Do you feel you/ward was able to share your/their interests related to work?	0	12	100%	0	6	100%	0	18	100%
Do you feel your/wards rights regarding employment was clearly explained?	0	12	100%	0	6	100%	0	18	100%
Do you feel your/wards needs are met?	0	12	100%	0	6	100%	0	18	100%
Do you feel your/wards employment services enhance your/their life?	0	12	100%	0	5	100%	0	17	100%

Table 69b: Community Employment **Percentage of Positive Response by Year**

	Participant			Guardian			Combined		
	2021	2022	2023	2021	2022	2023	2021	2022	2023
Do you feel that time between requests for services and obtaining a job was timely?	100%	100%	92%	100%	100%	100%	100%	100%	94%
Do you feel you/ward was able to share your/their interests related to work?	95%	100%	100%	100%	100%	100%	96%	100%	100%
Do you feel your/wards rights regarding employment was clearly explained?	100%	100%	100%	100%	100%	100%	100%	100%	100%
Do you feel your/wards needs are met?	90%	100%	100%	100%	100%	100%	89%	100%	100%
Do you feel your/wards employment services enhance your/their life?	100%	100%	100%	100%	100%	100%	100%	100%	100%